

# MARY HELP OF CHRISTIANS NOVENA

*May 15 - May 24*

“Have faith in the  
Blessed Sacrament  
and Mary, Help of  
Christians and you  
will see what  
miracles are.”

- Saint John Bosco



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## *Day 1*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, you helped defend the Christian faith over the course of history. Free me from infidelity or faithlessness and give me perseverance and strength to live an authentically Christian life in the world today. Mary, pray for me and ask God to grant the intentions I hold within my heart. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## Day 2

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, listen to my prayers as I ask for your help to avoid sin. Have mercy on me!

Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## Day 3

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, you showed your great protection over the Church throughout the centuries. In this time that Christians are persecuted throughout the world, spread your protection over the Church and protect Christians and the Holy Father from attacks of the enemy.

Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## *Day 4*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, you overcame heresies that sought to tear apart the Church. Help guard the purity of our hearts so that we may always have faith in Our Lord, Jesus Christ. Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## Day 5

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, as Christians we come to you for assistance. Help us to love and venerate you every day so that we may tell of your mercy in heaven. Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## *Day 6*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, you freed the Christian people from assaults from the Muslim Turks. Free us today, and every day from attacks of any kind so that nothing will come in the way of our salvation. Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## *Day 7*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, please protect all priests, nuns, missionaries and people who share the life of Jesus in the world. Help them to attract all souls to have faith in Jesus. Mary, pray for us and ask God to grant the intentions we hold within our hearts.

(State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*



# MARY HELP OF CHRISTIANS NOVENA

## *Day 8*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, you are the Queen of Martyrs. Help us to be devoted Christians in life and through death. Mary, pray for us and ask God to grant the intentions we hold within our hearts.  
(State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# MARY HELP OF CHRISTIANS NOVENA

## Day 9

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession, was left unaided, inspired with this confidence I fly unto thee; O Virgin of virgins, my Mother! To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Mary, Help of Christians, protect our ability to freely practice our Christian faith. There are many people and governments in the world that wish to destroy our faith. Protect us from religious intolerance so we may always be in communion with Jesus Christ, Our Lord. Mary, pray for us and ask God to grant the intentions we hold within our hearts. (State your intentions here...)

Most loving Mary, you were given to all Christians as their help and protector in the most difficult times in the life of Christians and the life of the Church. Help me to come to you during times of need and especially at the time of my death, that I may be victorious over the evil one as you are. Amen.

Mary Help of Christians,  
Pray for us!



BONDS OF MARIAN  
LOVE  
*Totus Tuus*

# FEAST DAY OF MARY HELP OF CHRISTIANS

*May 24*

O Mary, powerful Virgin, Thou art the mighty and glorious protector of the Church; Thou art the marvelous 'Help of Christians'; Thou art terrible as an army in battle array; Thou alone hast destroyed every heresy in the whole world. In the midst of our struggles, our anguish, and our distress, defend us from the power of the enemy and at the hour of death, receive our souls into Paradise. Amen.

- Saint John Bosco



BONDS OF MARIAN  
LOVE  
*Totus Tuus*